



From the Desk of the Drs.

Our Two Main Goals...

Children are often testing their boundaries and exhibiting their insecurities. We have all witnessed this in restaurants and grocery stores. Perhaps you have seen or heard similar behaviors in the dental office. Maybe you have been the parent experiencing this first hand. The scenario: You hear a little child letting all who can possibly hear belt out, "I don't want to!" If you are in the room next door it sounds more like we are negotiating with a snorting bull as opposed to simply trying to brush and floss a patients' teeth. A good question that would run through any loving parent's mind is, "Is it really worth it?"

The emphatic answer is, "Yes!" and here is why. We have two main goals for your child, regardless of age.

Goal #1 – Healthy primary and permanent teeth

Goal #2 -A well-adjusted patient who is comfortable in the dental chair

By starting early and battling our way through those early, "I don't want to!" visits we have found that we can very quickly help our patients start working toward these important goals. Every day we have patients come in, hop in the chair, chat our ears off, and skip out of here with their balloon. Many times just 6 months prior, they were the very children proclaiming to the world, "I don't want to!"

So if you are the parent with the front row seat, or the parent hearing the sounds of battle next door, we encourage you to put a smile on your face and remember that soon they will be saying, "I want to!"

Sincerely,

Drs. Diana and Lyman



Did you know that . . .

Say cheese! The calcium and phosphorous found in cheese is healthy for your teeth — it reduces the pH level in plaque and remineralizes the enamel.



Ask the Dentist!

Parents & Patients, if you have a question please email us, and your question could be in the next newsletter. Please put 'newsletter' in the subject line!

Are baby teeth really that important to my child?

Primary, or "baby," teeth are important for many reasons. Not only do they help children speak clearly and chew naturally, they also aid in forming a path that permanent teeth can follow when they are ready to erupt.

We understand that things come up and you may need to reschedule your appointment. We kindly ask that you give us at least 24 hours' notice to avoid any cancellation charges.

Thank you! We greatly appreciate it!



Growing Smiles

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Office News

We are pleased to announce....

Growing Smiles is opening a second location!

**11570 Crossroads Circle
Suite 116**

**White Marsh, MD 21220
Coming Fall 2016!**

In The Community

We were at the Y in Abingdon for Healthy Kids Day and had a blast.



There are still 2 movies left this summer in Shamrock Park: 8/19, & 8/26. You can visit belairmaryland.org/events-2/summer-movies/ for further details. We will once again be at the Kids for Hope Event at The Arena Club on 9/10 and Healthy Harford Day on 9/24! Can't wait to see you there!!!

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